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Previewing as a resource



My name, Reflection number and site location:

Session Date

[Select date](#)



- Single date Add an end date Ongoing

What happened at this session?

Clients, clinicians, activities, etc. Remember to respect confidentiality.

What knowledge did I apply? What skills did I use?



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What knowledge did I apply? What skills did I use?

Knowledge from courses? From other experiences?

What do I still need to learn, develop or practice? How and when might I develop these skills? Did my supervisor assign any reading or tasks for the week?

What did I learn today that I'll use in future?

Something that worked well that you'll do again, or something that you'll do differently in future.

Anything else?

Challenges, surprises, comments ...